

Occupational Health and Safety (Level 2) – CIEH Foundation Certificate

Overview

The CIEH Foundation Certificate in Occupational Health and Safety supports businesses in their legal obligations to ensure employees are protected from harm.

This course is ideal for those who want to develop their knowledge of health and safety issues in the workplace and of the regulations for maintaining a healthy and safe working environment.

This course will focus on common hazards and how to control them. It will help you work more safely and be more aware of how your own actions can affect the health and safety of others.

It will give you:

- Understand your role and responsibilities in reducing risks and supporting health and safety in the working environment
- Learn about the importance of risk profiling, incident reporting and emergency procedures

Who should attend?

This programme is suitable for individuals at all levels and within all types of organisation.

Format

A one-day session, for up to 12 people, with a short multiple-choice test, the successful completion of which qualifies participants for the CIEH Level 2 Award, *Foundation Certificate in Occupational Health and Safety*.

The expert trainer

Frances is a highly qualified (MA, BSc, FRSPH, Chartered Fellow CIPD, MCIEH, Post Grad Law Cert) independent consultant and trainer in the health and safety field with a postgraduate certificate in law. Formerly a training manager in a large London hospital, and with a background before that in catering management, Frances is also a registered CIEH and RSPH trainer, a qualified Food Inspector and Mentor and Affiliate of the Institute of Fire Engineers. She also has experience as a senior lecturer at a London college.

She has extensive practical management experience and is a very popular trainer generally but particularly in the hospitality and commercial sectors as well as with local and central government departments. With over 20 years' training experience in a diverse cross-section of organisations and holding various management and consultancy roles in global industries, Frances has a wide range of experience to draw upon.

See what people have said about her training:

- Lovely lady, well-paced training, well explained.
- Very good trainer!!
- Easy to understand, friendly atmosphere.
- Very good training.
- Very interesting and clear explanation.
- Helpful, approachable and knowledgeable.
- She's the best!
- Clear, concise and to the point.
- Very good – made the class enjoyable and easy to understand.
- Great!