

THE IN-HOUSE TRAINING COMPANY

Introduction to health and safety

Overview

Health and safety awareness training is mandatory for staff at all levels of an organisation. This is the ideal course to satisfy that requirement – a stimulating ‘entry-level’ programme explaining how health and safety should be managed in any working environment.

The course outlines the basics of health and safety law and how organisations and individuals can become liable for health and safety offences. Roles and responsibilities for health and safety are discussed by reference to the key legislation and the expert trainer will explore with the delegates how these responsibilities are managed in practice in different types of organisation. The principles of risk assessment will be considered and their practical implementation discussed in relation to the management of the various hazards that are likely to be present in a typical workplace.

Learning objectives

This course will give staff:

- An understanding of health and safety law, liability and enforcement
- An understanding of the business benefits of managing risk
- An explanation of the principles of health and safety management in the workplace and an understanding of who should be responsible for different aspects of health and safety
- A practical explanation of risk assessment and what constitutes a suitable and sufficient assessment
- A broad knowledge of the typical hazards in a workplace and how these should be managed

Who should attend?

This course provides the necessary health and safety awareness training for anyone in a working environment. It also provides the essential foundation for those involved in middle or senior management.

Course format

An inter-active one-day course devoted to practical exercises. In this format, we recommend that the number of participants be limited to 16 in order to maximise the opportunity for interaction and facilitated discussion and to allow participants to explore practical examples relevant to their own situations.

Special features

The course can easily be tailored to specific working environments, eg, offices, warehouses, process industries. It can also be tailored to different levels of employee (workers, middle managers, directors, etc.).

Expert trainer

Subash Ludhra is a Past President and past vice-chair of the Board of Trustees of the Chartered Institution of Occupational Safety and Health (IOSH).

A Chartered Fellow of IOSH, Subash has a wealth of experience in risk management, having worked across a range of sectors and disciplines in a truly diverse 28-year career to date.

Having qualified originally as an Occupational Hygienist, Subash started his professional career in local government before moving on to the brewing industry, working for Grand Metropolitan and Courage Brewing Ltd as their regional SHE Manager. His next career move led him to Rentokil Initial, where he spent eight years, the last two as a board director within Initial Catering Services.

In 2002, Subash founded a successful risk management and loss control consultancy that provides services to blue chip companies, as well as to SMEs, in the UK and around the world.

Subash is an experienced risk management consultant / trainer and international public speaker. He contributes regularly to a number of health and safety publications as well as being the author of the successful 'common sense guide to...' series of books published by Routledge. He has been involved in the production of several health and safety documents for trade associations and for the Health and Safety Executive.

Outside the world of work, Subash was a public member of Network Rail (2008-11), is a serving Magistrate and a Fellow of the Royal Society for the Encouragement of Arts, Manufactures and Commerce (RSA).

An experienced trainer, he has a unique ability to captivate his audiences, as the following comments show:

'Fantastic trainer who totally engaged and motivated the group.'

'Subash again performed with knowledge, information and humour.'

'Very well presented. I think the subject was demonstrated in a manner that meant all attendees were able to absorb and understand all items covered.'

'I actually quite enjoyed the course!!'

'A good course, excellent content and very well paced.'

'Subash was extremely knowledgeable – a H&S encyclopaedia.'

'A lot more interesting and engaging than expected!'

'The speaker clearly had a significant breadth and depth of understanding and experience of the subject.'

'Excellent use of case studies and 'real life' examples. A real professional.'

Workshop outline

1 Overview of health and safety law

- Statute and civil law
- Liability and enforcement
- Statutory duties
- Contract law

2 Legislative framework

- The workplace – extent of responsibility / shared responsibility
- Relevant legislation

3 Management of Health and Safety

- Health and Safety at Work etc Act 1974
- Management of Health and Safety at Work Regulations 1999
- Workplace (Health, Safety and Welfare) Regulations 1992
- Accident Reporting (RIDDOR)
- Consultation with Employees and Safety Committees

4 Risk management within your organisation

- Business risk management and benefits
- Health and safety risk management
- Occupational health and wellbeing
- The principles of risk assessment
- Transferring the risk to contractors and third parties

5 Risk assessment exercise – 'Challenge Anneka'

6 Managing the hazards in the workplace

- Work equipment
- Lifting equipment
- Display screens
- Manual handling
- Fire
- Chemicals (COSHH)
- Personal protective equipment (PPE)

7 Practical exercise – Workplace inspection

8 Questions, discussion and review

Any questions?

Please just give us a call on 01582 463463 – we're here to help!
Or visit www.theinhousetrainingcompany.com