# THE IN-HOUSE TRAINING COMPANY

# CDM 2015 - in-depth

#### Learning objectives

The learning objectives that we believe you require to be covered within the training include:

- A detailed understanding of the CDM 2015 Regulations and how they should work in practice
- An understanding of the key roles (Designer, Principal designer, contractor, principal contractor and client) under CDM 2015
- What constitutes design and when you may be acting as a designer
- The requirements for notification
- Pre construction information, the construction phase plan and the H&S file
- An opportunity for delegates to ask questions and gain clarification on specific project requirements

#### Who should attend?

Appropriate for anyone involved in the procurement, planning, design or implementation of construction work (including building maintenance).

#### **Format**

Learning and understanding will be established by the use of questions and practical exercises throughout the two day session. In addition, an examination can be set at the end of the course to test delegates retained knowledge.

#### **Expert trainer**

**Subash** is a Past President and current (2015) vice-chair of the Board of Trustees of the Chartered Institution of Occupational Safety and Health (IOSH). A Chartered Fellow of IOSH, Subash has a wealth of experience in risk management, having worked across a range of sectors and disciplines in a truly diverse 25-year career to date.

Having qualified originally as an Occupational Hygienist, Subash started his professional career in local government before moving on to the brewing industry, working for Grand Metropolitan and Courage Brewing as their regional SHE Manager. His next career move led him to Rentokil Initial, where he spent eight years, the last two as a board director within Initial Catering Services.

In 2002, Subash founded a successful risk management and loss control consultancy that provides services to blue chip companies, as well as to a large number of SMEs, around the world.

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Subash is an experienced health and safety trainer and public speaker. He contributes regularly to a number of health and safety publications as well as writing the successful 'common sense guide to...' series of books published by Routledge. He has been involved in the production of several health and safety documents for trade associations and for the Health and Safety Executive.

Outside the world of work, Subash was a public member of Network Rail (2008-11), is a serving Magistrate and a Fellow of the Royal Society for the Encouragement of Arts, Manufactures and Commerce (RSA).

An experienced trainer, he has a unique ability to captivate his audiences, as the following comments show:

'Fantastic trainer who totally engaged and motivated the group.'

'Subash again performed with knowledge, information and humour.'

'Very well presented. I think the subject was demonstrated in a manner that meant all attendees were able to absorb and understand all items covered.'

'I actually quite enjoyed the course!!'

'A good course, excellent content and very well paced.'

'Subash was extremely knowledgeable – a H&S encyclopaedia.'

'A lot more interesting and engaging than expected!'

'The speaker clearly had a significant breadth and depth of understanding and experience of the subject.'

'Excellent use of case studies and 'real life' examples. A real professional.'

#### Workshop outline

#### 1 Introduction

- Why manage health and safety?
- The costs of accidents
- Construction industry statistics
- Why CDM 2015?

#### 2 Overview of health and safety law and liabilities

- Criminal and civil law
- Liability
- Enforcement and prosecution
- Compliance how far do we go?
- Statutory duties

#### 3 Health and safety law in construction - the current framework

- Framework of relevant legislation
  - Health and Safety at Work etc Act 1974
  - Management of Health and Safety at Work Regulations 1999
  - Construction (Design and Management) Regulations 2015
  - Work at Height Regulations 2005
- Who is responsible for the risks created by construction work?
- Shared workplaces/shared responsibilities
- Control of contractors importance of contract law

#### 4 CDM 2015 – the principles and current best practice

- Scope what is construction?
- Application when do the Regulations apply?
- The CDM management system
  - Dutyholders (client, designer, principal designer, principal contractor, contractor)
  - Documents (pre construction information, Notification, construction phase Plan, H&S File)
  - Management process
- The 2015 HSE guidance / industry best practice
- Clarification of roles and responsibilities

#### 5 Competence under CDM 2015

- What is 'Competence'?
- The criteria to be used in construction
- Achieving continuous improvement

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#### 6 Part 4 Construction Health Safety and Welfare

- Overview of Part 4
- Responsibilities
- Welfare arrangements

#### 7 Risk assessment and the role of the designer

- Principles of risk assessment
- Loss prevention / hazard management
- What is a suitable risk assessment?
  - Design v construction risk assessment
  - The client is a designer?
  - Whose risk is it?

#### 8 Risk assessment exercise

- Understanding the principles of design risk assessment
- Identifying hazards under the control of clients and designers
- Quantifying the risk

#### 9 Questions, discussion and review

## Any questions?

Please just give us a call on 01582 463463 – we're here to help!

Or visit www.theinhousetrainingcompany.com

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