

# THE IN-HOUSE TRAINING COMPANY

## CDM 2015 – Understanding and achieving best practice

### Overview

This course provides participants with a comprehensive understanding of the requirements of the CDM Regulations 2015 and how these should be implemented in practice.

The Regulations are put in context with other key health and safety legislation. The programme sets out clearly the roles and responsibilities of the principal duty holders and explores with the participants how these roles may vary on different types of project and procurement routes. The programme examines the content and appropriate level of information that should be included in the Pre-Construction Information and the Construction Phase Plan.

The trainer will discuss best practice in implementing CDM through the new 2015 Regulations and Guidance.

### Key changes in the 2015 Regs

- **Principal designer** The CDM co-ordinator role (under the 2007 CDM Regs) is replaced by that of the principal designer. This puts responsibility for the co-ordination of the pre-construction phase – crucial to the management of any successful construction project – where it properly belongs, ie, with an existing member of the design team.
- **Client** The new Regs recognise the influence and importance of the client. Since they're at the top of the supply chain they are best placed to set standards throughout a project.
- **Competence** This is now split into skills, knowledge, training and experience, and, where relevant, organisational capability. This change is intended to provide clarity and to help the industry to both assess and demonstrate that construction project teams have the right attributes to deliver a healthy and safe project.

### Learning objectives

This course is essential for anyone who is involved in the procurement, planning, design or implementation of construction work. The course will provide you with:

- An overview of construction health and safety law, liability and enforcement
- A detailed understanding of the 2015 CDM Regulations and the part they play with other key legislation
- An explanation of the roles and responsibilities of all duty holders and the requirements for the CDM documentation

- Clear advice on current best practice for complying with the principles of the CDM Regulations and the changes introduced by the 2015 Regulations
- An understanding of how risk assessment should be applied practically throughout the design and how this responsibility is then transferred to contractors

### **Who should attend?**

Appropriate for anyone involved in the procurement, planning, design or implementation of construction work (including building maintenance). Equally appropriate to those with no prior knowledge of the Regulations or those looking for a refresher on current best practice.

### **Format**

A one-day programme using a mixture of formal tuition, structured exercises and facilitated discussion to allow participants to explore practical examples and consider best practice.

### **Special features**

This programme can be made yet more beneficial by tailoring it your organisation's specific circumstances. What do the 2015 regulations mean to your organisation? How do they affect roles and responsibilities? What changes are needed to systems and procedures? The expert trainer can tailor the programme to ensure that it is focused entirely on the needs of your particular organisation, for maximum benefit and value.

### **Expert trainer**

**Subash** is a Past President and current (2015) vice-chair of the Board of Trustees of the Chartered Institution of Occupational Safety and Health (IOSH). A Chartered Fellow of IOSH, Subash has a wealth of experience in risk management, having worked across a range of sectors and disciplines in a truly diverse 25-year career to date.

Having qualified originally as an Occupational Hygienist, Subash started his professional career in local government before moving on to the brewing industry, working for Grand Metropolitan and Courage Brewing as their regional SHE Manager. His next career move led him to Rentokil Initial, where he spent eight years, the last two as a board director within Initial Catering Services.

In 2002, Subash founded a successful risk management and loss control consultancy that provides services to blue chip companies, as well as to a large number of SMEs, around the world.

Subash is an experienced health and safety trainer and public speaker. He contributes regularly to a number of health and safety publications as well as writing the successful 'common sense guide to...' series of books published by Routledge. He has been involved in the production of several health and safety documents for trade associations and for the Health and Safety Executive.

Outside the world of work, Subash was a public member of Network Rail (2008-11), is a serving Magistrate and a Fellow of the Royal Society for the Encouragement of Arts, Manufactures and Commerce (RSA).

An experienced trainer, he has a unique ability to captivate his audiences, as the following comments show:

'Fantastic trainer who totally engaged and motivated the group.'

'Subash again performed with knowledge, information and humour.'

'Very well presented. I think the subject was demonstrated in a manner that meant all attendees were able to absorb and understand all items covered.'

'I actually quite enjoyed the course!!'

'A good course, excellent content and very well paced.'

'Subash was extremely knowledgeable – a H&S encyclopaedia.'

'A lot more interesting and engaging than expected!'

'The speaker clearly had a significant breadth and depth of understanding and experience of the subject.'

'Excellent use of case studies and 'real life' examples. A real professional.'

## **Workshop outline**

### **1 Introduction**

- Why manage health and safety?
- The costs of accidents
- Construction industry statistics
- Why CDM?
- Health and safety culture in the construction industry

### **2 Overview of health and safety law and liabilities**

- Criminal and civil law
- Liability

- Enforcement and prosecution
- Compliance – how far do we go?
- Statutory duties

### **3 Health and safety law in construction**

- Framework of relevant legislation
- Health and Safety at Work etc Act 1974
- Management of Health and Safety at Work Regulations 1999
- Construction (Design and Management) Regulations 2015
- Who is responsible for the risks created by construction work?
- Shared workplaces/shared responsibilities
- Control of contractors – importance of contract law

### **4 Construction (Design and Management) Regulations 2015**

- Scope – What is construction?
- Application – When do they apply?
- The CDM Management System
- Duty holders (Client, Domestic Client, Designer, Principal Designer, Principal Contractor, Contractor)
- Documents (HSE Notification, Pre-Construction Information, Construction Phase Health & Safety Plan, H&S File)
- Management process
- The 2015 Guidance

### **5 Best practice – key issues in the CDM process**

- The client and client management arrangements
- Competence and resource under CDM 2015
- The role of the Principal Designer in practice
- Design risk assessment and the role of the Designer
- The CDM Documents (PCI, PCI Pack, Plan and File)
- Construction health, safety and welfare
- Making CDM work in practice

### **6 Questions, discussion and review**

**Any questions?**

**Please just give us a call on 01582 463463 – we're here to help!  
Or visit [www.theinhousetrainingcompany.com](http://www.theinhousetrainingcompany.com)**