

## Managing Safely Refresher – IOSH Award

### Overview

The IOSH *Managing Safely* award is valid for three years. Award-holders need to undertake this one-day refresher programme every three years in order to maintain their status.

This very interactive, practical programme covers:

- **Thinking back:** Participants reflect on what they took away from the *Managing Safely* course. They'll also revisit the key reasons for managing safely and recap on some of the key terms.
- **Leadership:** Why leadership is important, and how to create a positive safety culture.
- **Plan:** Looks at a safety and health policy and what it includes. Participants also consider how to deliver the policy.
- **Do:** Participants carry out a risk assessment exercise and then think about the best ways to communicate their findings and the safety and health plan to the workforce.
- **Check:** Takes a look at data types, what can be measured, and how this helps to see if the plan has been implemented and is working.
- **Act:** Looks at why reviewing performance, acting on lessons learned and striving to improve continually are essential. Participants then reflect on how they'll apply what they've learned in their own workplace.

An interactive case study exercise is used throughout the day to apply refreshed knowledge to the plan-do-check-act model and then link it back to the workplace. For example, participants examine the elements of a safety and health policy, come up with ideas to influence safety culture, and select the best communication methods to engage a workforce.

### Who should attend?

Anyone who has attended *Managing Safely* within the last three years and who needs to maintain their status as a holder of the IOSH *Managing Safely* award.

### Format

A one-day programme, for up to 12 people, with a multiple-choice test on the day, the successful completion of which qualifies participants for the IOSH Certificate, *Managing Safely Refresher*.

### The expert trainer

**David** has more than twenty years' experience in health & safety and environmental management and training. Formerly H&S Adviser with Visa, Head of Environmental Protection Training for the Ministry of Defence and later Environment Health and Safety Manager with one of the UK's largest cement manufacturing companies, he set up his own consultancy practice in 2006, providing support, advice and training on health & safety and environmental management to help organisations to improve their health and safety performance and reduce their environmental impact. David regularly delivers IOSH, IEMA and NEBOSH approved courses throughout the UK and internationally and is an approved trainer with the Chartered Institution of Waste Management.

David graduated with a BSc (Hons) in Environment Management from Cranfield University. He is a Chartered Environmentalist (CEnv) with the Society for the Environment, a Chartered Waste Manager with the Chartered Institution for Waste Management (CIWM), a member of IOSH at GradIOSH level, a member of the Institute of Environmental Management and Assessment (IEMA) and is registered with the IEMA as an Associate Environmental Auditor. He has accredited centre status for the delivery of IOSH and BSC qualification programmes.

David is a very popular trainer, as the following comments from recent programme participants demonstrate:

- David was excellent!
- Very knowledgeable and engaging.
- Nice guy, very knowledgeable and good references to true scenarios.
- Excellent training.
- David is very good at answering any questions that you are unsure of and focuses the answer down so that you can understand the information given.
- Lively, open for discussions, good examples.
- Very professional and knowledgeable.
- Engaging and approachable.
- Good pace, clear instruction and explanation throughout.
- Good course, well delivered.
- Top bloke!